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# **Security Implications of API Gateway Patterns in Distributed Systems**

**Master's Project**

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## REZUMAT

Această lucrare prezintă o metodologie comprehensivă de evaluare a securității gateway-urilor API pentru microservicii, concentrându-se pe modelele de integrare în arhitecturi distribuite. Cercetarea abordează provocarea critică a securizării implementărilor de gateway-uri API care servesc drept punct principal de intrare pentru sistemele bazate pe microservicii.

Studiul dezvoltă un cadru sistematic de evaluare care combină analiza modelelor arhitecturale, modelarea amenințărilor utilizând metodologia STRIDE și evaluarea controalelor de securitate bazată pe ghidurile OWASP. O analiză comparativă a framework-urilor proeminente, inclusiv Spring Cloud Gateway, Kong Gateway și Google Apigee, identifică caracteristicile cheie de securitate în ceea ce privește autentificarea, autorizarea, limitarea ratei și mecanismele de protecție a datelor.

Metodologia introduce o abordare bazată pe modele care categorizează implementările de gateway în trei modele arhitecturale principale: Gateway simplu, Backend for Frontend (BFF) și Gateway aggregation. Fiecare model este analizat în raport cu proprietățile inerente de securitate, suprafețele de vulnerabilitate și strategiile de atenuare. Cadrul oferă criterii de suport decizional pentru selectarea modelelor în funcție de cerințele organizaționale de securitate, complexitatea operațională și considerentele de scalabilitate.

Validarea practică demonstrează eficacitatea metodologiei prin studii de caz reale, dezvăluind lacune critice de securitate în implementările comune și furnizând recomandări acționabile pentru îmbunătățirea securității. Cercetarea contribuie atât la fundamentarea teoretică, prin caracteristici formalizate ale modelelor, cât și la instrumente practice, inclusiv matrice de evaluare a amenințărilor, liste de verificare a configurațiilor și cadre de metrice de securitate.

Rezultatele indică faptul că proiectarea securității conștientă de modele îmbunătățește semnificativ postura de securitate a arhitecturilor de microservicii, menținând în același timp eficiența operațională. Metodologia propusă permite organizațiilor să ia decizii arhitecturale informate care echilibrează cerințele de securitate cu obiectivele funcționale și de performanță.

**Cuvinte-cheie:** Gateway API, securitatea microserviciilor, modele de integrare, modelarea amenințărilor, STRIDE, evaluarea securității.

## ABSTRACT

This thesis presents a comprehensive security assessment methodology for microservices API gateways, focusing on integration patterns in distributed architectures. The research addresses the critical challenge of securing API gateway implementations that serve as the primary entry point for microservices-based systems.

The study develops a systematic evaluation framework that combines architectural pattern analysis, threat modeling using STRIDE methodology, and security control assessment based on OWASP guidelines. A comparative analysis of prominent frameworks including Spring Cloud Gateway, Kong Gateway, and Google Apigee identifies key security characteristics across authentication, authorization, rate limiting, and data protection mechanisms.

The methodology introduces a pattern-based approach that categorizes gateway implementations into three primary architectural patterns: Simple Gateway, Backend for Frontend (BFF), and Gateway Aggregation. Each pattern is analyzed for inherent security properties, vulnerability surfaces, and mitigation strategies. The framework provides decision support criteria for pattern selection based on organizational security requirements, operational complexity, and scalability considerations.

Practical validation demonstrates the methodology's effectiveness through real-world case studies, revealing critical security gaps in common implementations and providing actionable recommendations for security enhancement. The research contributes both theoretical foundations through formalized pattern characteristics and practical tools including threat assessment matrices, configuration checklists, and security metric frameworks.

Results indicate that pattern-aware security design significantly improves the security posture of microservices architectures while maintaining operational efficiency. The proposed methodology enables organizations to make informed architectural decisions that balance security requirements with functional and performance objectives.

**Keywords:** API Gateway, Microservices Security, Integration Patterns, Threat Modeling, STRIDE, Security Assessment

# CONTENTS

|   |           |
|---|-----------|
| <b>LIST OF FIGURES</b>                                  | <b>8</b>  |
| <b>LIST OF ABBREVIATIONS AND DEFINITIONS</b>            | <b>9</b>  |
| <b>INTRODUCTION</b>                                     | <b>10</b> |
| <b>1 BACKGROUND AND RELATED WORK</b>                    | <b>12</b> |
| 1.1 API gateways in distributed systems.....            | 12        |
| 1.2 API gateway patterns taxonomy .....                 | 14        |
| 1.3 Security in distributed systems .....               | 19        |
| 1.4 Related work and security methodologies .....       | 21        |
| 1.5 Summary .....                                       | 23        |
| <b>2 SECURITY ASSESSMENT METHODOLOGY</b>                | <b>25</b> |
| 2.1 Methodology overview .....                          | 25        |
| 2.2 Security-relevant characteristics .....             | 32        |
| 2.3 Threat prioritization framework.....                | 65        |
| 2.4 Assessment procedure .....                          | 68        |
| 2.5 Methodology discussion .....                        | 71        |
| 2.6 Summary .....                                       | 73        |
| <b>3 PATTERN-LEVEL SECURITY ANALYSIS</b>                | <b>75</b> |
| 3.1 Analysis approach and scope.....                    | 75        |
| 3.2 Gateway routing pattern security analysis .....     | 76        |
| 3.3 Gateway aggregation pattern security analysis ..... | 78        |
| 3.4 Backend for frontend pattern security analysis..... | 79        |
| 3.5 Cross-Pattern comparative analysis .....            | 81        |
| 3.6 Summary and key findings .....                      | 83        |
| <b>CONCLUSIONS</b>                                      | <b>84</b> |
| <b>BIBLIOGRAPHY</b>                                     | <b>85</b> |

## LIST OF FIGURES

|     |  |    |
|-----|--|----|
| 1.1 | API Gateway in Microservices Ecosystem .....   | 13 |
| 1.2 | Gateway Aggregation Pattern .....  | 16 |
| 1.3 | Backend for Frontend (BFF) Pattern .....   | 18 |
| 2.1 | Six security-relevant characteristics organized by determination level.....                | 26 |
| 2.2 | Methodology structure with three integrated components .....                               | 28 |
| 2.3 | Request processing behavior options with distinct flow patterns.....                       | 33 |
| 2.4 | Authorization architecture options (checkmark indicates authorization enforcement point) . | 42 |
| 2.5 | Backend communication security levels with progressive security enhancement .....          | 48 |
| 2.6 | Rate limiting strategy options with enforcement granularity .....                          | 59 |
| 2.7 | Five-step assessment procedure for systematic security evaluation.....                     | 68 |
| 3.1 | Pattern-determined characteristics for three primary gateway patterns.....                 | 75 |
| 3.2 | Gateway Routing pattern with simple 1:1 request forwarding.....                            | 76 |
| 3.3 | Gateway Aggregation pattern with 1:N request fan-out and response composition.....         | 78 |
| 3.4 | Backend for Frontend pattern with multiple independent gateway instances .....             | 80 |

## LIST OF ABBREVIATIONS AND DEFINITIONS

- **ABAC** – Attribute-Based Access Control;
- **API** – Application Programming Interface;
- **BFF** – Backend for Frontend;
- **DDD** – Domain-Driven Design;
- **DoS** – Denial of Service;
- **HTTP** – HyperText Transfer Protocol;
- **HTTPS** – HyperText Transfer Protocol Secure;
- **JSON** – JavaScript Object Notation;
- **JWE** – JSON Web Encryption;
- **JWS** – JSON Web Signature;
- **JWT** – JSON Web Token;
- **mTLS** – Mutual Transport Layer Security;
- **NIST** – National Institute of Standards and Technology;
- **OAuth** – Open Authorization;
- **OWASP** – Open Web Application Security Project;
- **PKCE** – Proof Key for Code Exchange;
- **RBAC** – Role-Based Access Control;
- **REST** – Representational State Transfer;
- **STRIDE** – Spoofing, Tampering, Repudiation, Information Disclosure, Denial of Service, Elevation of Privilege;
- **TLS** – Transport Layer Security.

## INTRODUCTION

The shift from monolithic to microservices-based architectures has fundamentally transformed how distributed systems are designed and operated. API gateways have emerged as critical infrastructure components, serving as the primary entry point mediating access between external clients and internal microservices. Recent surveys indicate that the majority of organizations implementing microservices architectures deploy API gateway patterns to manage cross-cutting concerns including authentication, authorization, rate limiting, and request routing [1, 2].

However, API gateways occupy a security-critical position in distributed system architectures. As centralized entry points processing all external traffic, they concentrate both security enforcement capabilities and security risks. A single vulnerability in gateway configuration or implementation can compromise entire backend infrastructures, potentially exposing sensitive data across multiple services or enabling unauthorized access to protected resources. The security implications of API gateway deployments extend beyond individual vulnerability instances to encompass architectural characteristics that fundamentally influence threat landscapes and attack surfaces.

Organizations implementing API gateways face three primary patterns documented in microservices literature: Gateway Routing (simple request forwarding), Gateway Aggregation (response composition from multiple services), and Backend for Frontend (client-specific gateway instances) [1, 2]. While extensive literature addresses functional characteristics, performance trade-offs, and operational considerations of these patterns, systematic approaches to security assessment remain underdeveloped. Existing security guidance tends toward generic API security best practices without addressing how architectural characteristics inherent to gateway patterns influence security posture.

Beyond pattern selection, organizations must make numerous implementation-level decisions affecting gateway security: authorization architecture choices (gateway-only, defense-in-depth, or backend-only), backend communication security mechanisms (HTTP, HTTPS, or mutual TLS), response data handling approaches (pass-through, filtered, or composed), and rate limiting strategies (IP-based, user-based, or absent). These decisions interact with pattern-level architectural characteristics to determine the overall security posture of gateway deployments.

Current practice often treats security assessment in ad-hoc manner, evaluating individual security controls without systematic methodology for identifying which threats are relevant to specific gateway configurations or how architectural and implementation choices influence vulnerability to different attack types. This gap between architectural decision-making and security assessment motivates the development of systematic, characteristic-based security evaluation approaches.

The fundamental problem addressed by this research is the absence of systematic methodologies for assessing API gateway security based on architectural and implementation characteristics. Organizations select gateway patterns and make configuration decisions without adequate frameworks for understanding security implications, leading to deployments that may be vulnerable to threats not adequately considered during design.

This research addresses the following primary research questions:

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